

Life Guideline for the COVID-19 epidemic prevention during the holiday

2020.04.29

- ※ Please maintain your personal hygiene, wash your hand with soap often, cover your mouth and nose when cough and sneeze, avoid touching your eyes, nose and mouth to reduce the risk of infection.
- ※ Please maintain good indoor ventilation in your home. If your family living together has respiratory symptoms, please parcel the secretion carefully before throw it in the trash can. And strengthen the disinfection and cleanliness in the lavatory if they have diarrhea.
- ※ If you or your family is a patient of chronic diseases, elderly people, pregnant, overweight, children, lower immunity or you are easy to be infected and the symptom will become seriously, you had better avoid to attend some activities which are possible to have close contact with others. Also, please avoid going to the public places that is crowded or enclosed.
- ※ If you are going to visit the person who are mentioned above, please wear a medical mask all the times and make sure you are in good health and haven't attended to any activities which are possible to have close contact with others who you do not familiar. If you cannot make it, we suggest using a phone call or video instead of a face-to-face visit.
- ※ If you need to go out, please follow the prevention as below.
 - * Please wash your hands often. You could also bring and use the hand sanitizer when you are not convenient to wash.
 - * Please do not touch your eyes, nose and mouth to avoid viral infection.
 - * Please keep appropriate social distancing at least 1.5 meters for indoor activities and 1 meters for outdoor activities. If you can't keep it or when you are taking public transportation, please make sure to wear a mask.
 - * It is better to go out during the daytime, and the open space, which is uncrowded, is the best choice. If the place is crowded of people, such as tourist attractions, national parks, recreation areas, markets, business districts or temples etc., please choose other place to visit or cooperate with flow control measures patiently. We suggest checking the present situation of the local before deciding to go or not.

- ※ If you have to go to the place which is crowded, confined, not well ventilated or participate in the activities which have to close contact with non-target people, please make sure to wear the mask. And don't forget to bring some other masks with you for spare.
- ※ Please take out the meals instead of having meals in the restaurant which table seats are crowded and not separated. And please do not eat the food when you're walking on the street.
- ※ Please avoid arranging family or friends gathering in dining way. If it is unavoidable, don't chat with others when you're eating and wear masks when you want to talk to others after the meal.
- ※ Please clean your hands after arriving home to remove contamination and pathogen.
- ※ Please keep follow the relevant regulations if you are under the home isolation or home quarantine.
- ※ If you have a fever, respiratory symptoms, diarrhea or smell and taste disorder, please wear a mask and seek early medical help. Avoid taking the public transportation and going to others public places.